

# Meals on Wheels

## Driver Volunteer Opportunity

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**Eastside Meals on Wheels**  
serving up smiles

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### Location:

Eastside Meals on Wheels  
1510 33rd Ave. NE,  
Minneapolis, MN 55418

### Eastside Meals on Wheels Contact:

[info@eastsidemeals.org](mailto:info@eastsidemeals.org) 612-277-2529

### Nativity Contact: Laura Oksnevad

[loksnevad@gmail.com](mailto:loksnevad@gmail.com) 612-788-9527

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### What do drivers do?

Drivers deliver lunch to clients on one of our routes, approximately 40 minutes long. They deliver the hot lunches ready at our office at 11:15 a.m. to 8 to 10 clients in our service area—zip codes 55413, 55414, and 55418. Delivery drivers hand the meal to the client in person and assist them if necessary. As a driver you will get to know the clients on your route and tell us if you notice anything wrong or different with them. We keep an eye out for our clients.

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### How often do I deliver meals?

Drivers from Nativity Lutheran Church drive 14 times a year on the 1st or 2nd Fridays of the month.

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### What else should I know about delivering?

- ☐ You must be able to lift and carry meal carriers, and walk stairs.
- ☐ You must have a valid Minnesota driver's license, an automobile in good working order, and auto insurance.
- ☐ You must have a caring attitude and genuine interest in the elderly.

# Meals on Wheels

## Driver

## Instructions

- ❑ Meals are prepared every week day by a catering company and brought to our office at **Waite Park Church**
- ❑ On your delivery day arrive at 11:15am at Waite Park Church 1510 33rd Ave NE, Mpls, MN 55418. Enter the door on Lincoln St. \*\*during COVID times please wait outside for staff to bring your bags\*\*
- ❑ Collect meals for route - routes are assigned by MOW staff ahead of time. Included in your bags:
  - ❑ Meals for each client (cold, hot, sometimes frozen meals too)
  - ❑ Plastic bags in which to place meals
  - ❑ Hand sanitizer
  - ❑ Route map
  - ❑ Client information, address, special instructions
- ❑ Follow route - if you have GPS, plug in addresses for easier navigation
- ❑ When you arrive at a client's home
  - ❑ Clean hands with hand sanitizer
  - ❑ Place all meals for client in plastic bag (pay careful attention to make sure you get the right meals and all the meals)

- Follow any directions for the client about where to deliver, whether to call before delivering and how to leave the meal, whether to leave the meal outside if the client is not home, etc.
  - Document the time that meals were dropped off and if there were any concerns
- Deliver to all clients
- Head back to Eastside Meals on wheels
- Drop off bags inside the door at Waite Park Church
- Thank you for your service - have a great day!

### Eastside Meals on Wheels service area:

## Zip Codes 55413, 55414 and 55418



