

# Deborah

Judges 4:1-16



Deborah was a powerful and heroic leader who was called by God. She served as a judge, settling disputes among the people while sitting under a palm tree. When the Israelites were threatened, Deborah convinced the reluctant Barak to face the opposition. By bravely facing this battle, Deborah helped to defeat the army that had been oppressing the Hebrew people.

## Take a Look

Here are some of the people and things in today's story. What can your child tell you about them?



**Deborah** was a heroic leader who was called by God to lead the Israelites during the time before King David united the 12 tribes.

**Barak** was a military leader who refused to go to war unless Deborah came with him.



**Sisera's army** had 900 iron chariots—more resources than the Israelite army.

## About the Video

The Holy Moly video shows how Deborah was a strong and faithful leader called by God. She served as a judge for people who had arguments. Barak was an Israelite military leader who refused to go to war unless Deborah went too. Although the Israelite army had fewer resources than Sisera's forces, the Israelite army prevailed!

- Why do you think Barak was afraid? How did Deborah help him?
- What happened to the soldiers as they entered into battle?
- Why was Deborah such a heroic leader?

## Try This!

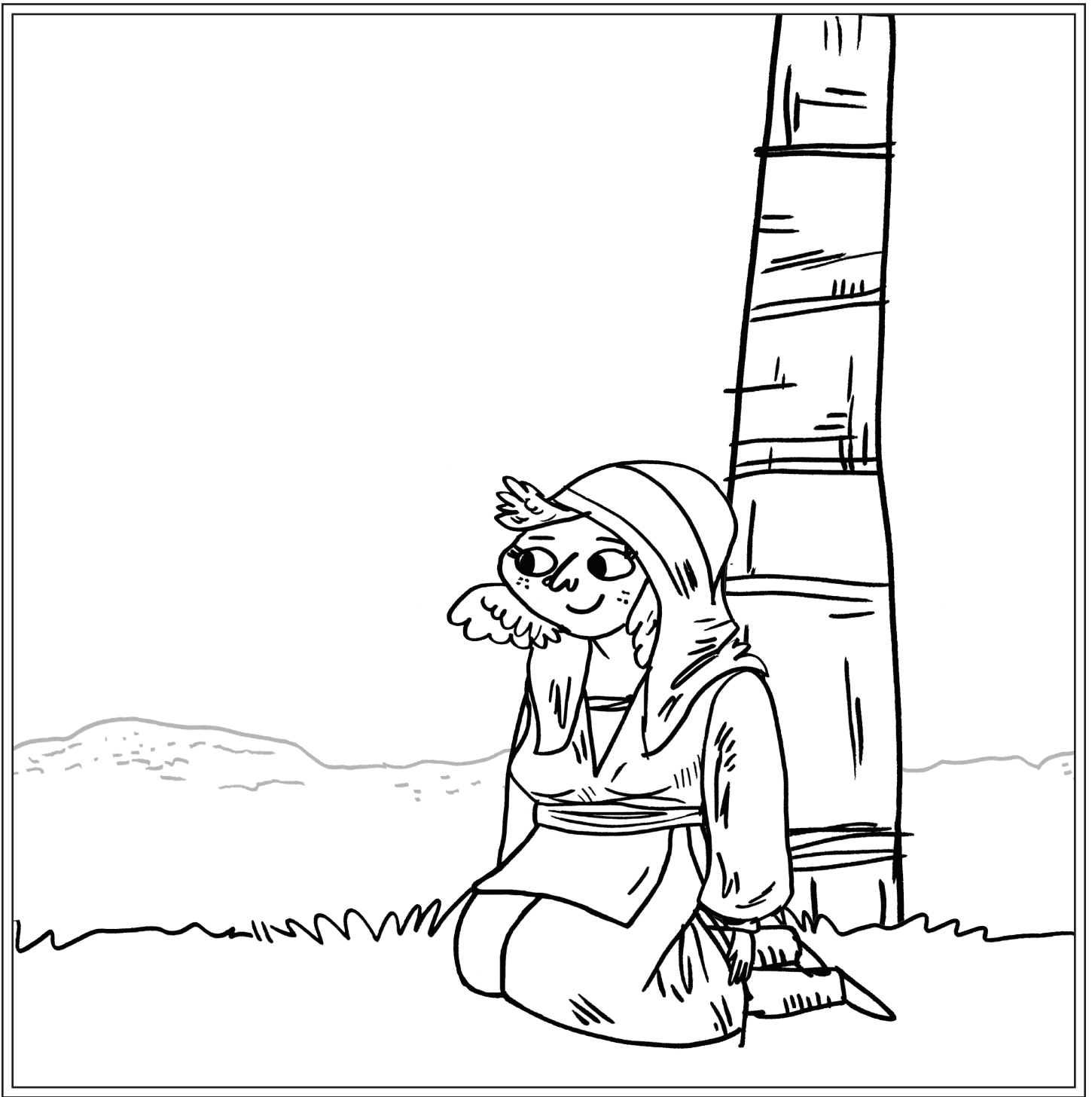
Practice the role of judge together. Watch or read a news story. How would you settle the dispute? How do you think God would call you to settle it?

## Prayer

Dear God, we trust you to give us wise people who love and care for us. Help us to recognize them, trust them, and ask them for help. Amen!



# DEBORAH



Deborah was a fair judge. In the spaces around this picture, write or draw some arguments she may have heard and judged.

# DEBORAH



Deborah was a judge. God chose her to lead the army.

# The 5 Finger Prayer

Thumb: Those closest to you, your family.

Pointer: Those that point you in the right direction (teachers, doctors, priests) ask for wisdom & support.

Index: (tallest) Those that lead us, (Government) ask for guidance & wisdom.

Ring: (weakest) Those that are weak, in trouble, or in pain. We cannot pray too much for them.

Pinkie: (smallest) Our prayers for ourselves & our own needs.

